

To enrol call **GoLearn! FREEphone 0800 988 0308**  
or for more information email: [familylearning@leics.gov.uk](mailto:familylearning@leics.gov.uk)

**FREE online COURSES**

<p><b>Child friendly</b></p> 	<p><b><u>Create a time capsule</u></b>- Create a time capsule together as a family to record the years 2020/21 for the future. Starts Tues 2nd March 4-5pm 2 weeks. Course code: <b>20RO106P</b></p>
<p><b>Child friendly</b></p> 	<p><b><u>Story Fun</u></b>- Share a story on-line then do some crafts and activities based around the book together as a family. Starts Thurs 25<sup>th</sup> February 3-4pm 3 weeks. Course code: <b>20RO105P</b></p>
<p><b>Child friendly</b></p> 	<p><b><u>Family First Aid for ALL the Family</u></b> - Grab your Teddy (and your mum, dad, sister, brother, nan, pops and dog). Learn how to perform CPR, help someone who is choking and which emergency service to ring. Tues 23<sup>rd</sup> Feb - 9<sup>th</sup> Mar 10.30-11.30am 3 weeks Course Code: <b>20SN116P</b></p>
<p><b>Child friendly</b></p> 	<p><b><u>Making Sense of English in KS2</u></b> - Learn about SPaG - <i>Spelling Punctuation and Grammar</i>: how your children are taught in school and how you can support them in years 3 to 6. Starts Monday 1st March 4-5pm 4 weeks Course code: <b>20SN121P</b></p>
<p><b>Child friendly</b></p> 	<p><b><u>Phonics Fun</u></b> - This course will help you understand how your children learn to read using the phonics system and will share fun resources and activities which will help you support your children at home. Starts Wednesday 3rd March 4-5pm 4 weeks Course code: <b>20SN119P</b></p>
<p><b>Child friendly</b></p> 	<p><b><u>Maths Fun - Understanding Reception Maths</u></b> - Designed to help parents understand what, when and how their child is learning maths and will look at the strategies, resources and vocabulary. You will also learn how to make maths fun! Starts Thursday 4<sup>th</sup> March 4-5pm 4 weeks Course code: <b>20SN120P</b></p>
<p><b>Child friendly</b></p> 	<p><b><u>Let's Cook Tea</u></b> - Take part in an exciting new interactive 4 week course and 'Cook your Tea' for the family, as a family. (You need an email address, good internet connection and to provide your own ingredients, children must be with an adult at all times.) Mondays 1<sup>st</sup> - 22<sup>nd</sup> March 15.30-17.15 course code <b>20SN117P</b></p>
<p><b>Child friendly</b></p> 	<p><b><u>Reading Together</u></b> - How you can support your child with reading at home - top tips for supporting your child with their reading book, reading aloud, book chat, encouraging a love of reading and activities around books. Starts Wednesday 3<sup>rd</sup> March 4-5pm 4 weeks. Course code: <b>20WG102P</b></p>
	<p><b><u>Health and Wellbeing</u></b> - A course that explores resilience, routines, emotions, nutrition, exercise, mindfulness and outdoor learning, to improve mental and physical wellbeing of families. Starts Tuesday 16th March 10-11am 7 weeks. Course code: <b>20WG103P</b></p>
<p><b>Child friendly</b></p> 	<p><b><u>Stay Safe On-Line</u></b> - We are spending more time on-line now; do you feel safe? Do you know what to look out for? <b>Aimed at parents/carers and children (10yrs+)</b> Wed 3<sup>rd</sup> &amp; 10th March 2021 4-5pm course code <b>20SN118P</b></p>